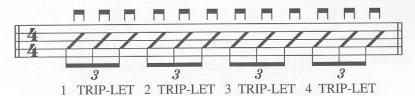
## Strums/Rhythms; Blues Progressions

EIGHTH-NOTE TRIPLETS (ONE THIRD OF A BEAT EACH; 3 EVENLY SPACED NOTES PER BEAT)



**Practice** the progressions shown below and on page 10 using triplets.

## The 12-bar blues

- Blues progressions are common in many styles of music. Rock, jazz, folk, and (of course) blues guitarists must be familiar with these types of progressions.
- Blues progressions are often described by the number of measures, or "bars" used in the pattern. The "12-bar blues" is the most common.
- There are countless variations on the blues. Notice that in the progressions shown below, the second measure may stay on A7, or switch to D7. The last 2 measures (called the "turnaround") may also be played many different ways.

**Practice** these blues progressions until they are memorized and can be played comfortably. Use various rhythms, including quarter notes and eighth-note triplets.



CD track 9

To review rhythms: Page 9

More rhythms: Page 20

More progressions (including 8-bar blues and minor blues): Pages 12 & 13

11